TANGERINE TOPICS

AUG/SEPT 2025 ISSUE 397

756 Tangerine Woods Blvd., Englewood, FL 34223



Prepare your home and review your evacuation plan in case a Hurricane or Tropical Storm Watch is issued. Pay close attention to guidance from local authorities.

Finish all storm
preparations at least
24 hours in advance
and immediately leave
the threatened area if
directed by local officials.
Know your evacuation
location and route.

Sarasota County

It's that time of year....

Barbara Coulter

Inside this issue you'll find information for Hurricane Prep – even though we'd rather not talk about that, all who have lived in Tangerine Woods for the past several years will stop and take a breath when speaking or thinking of our recent past – when it comes to storm prep the best defense is a proactive offense: be prepared for Hurricane season by gathering resources now and creating a plan! Remember nine times out of ten our community is a mandatory evacuation zone. We've provided links and resources that have been curated by Sarasota County on pages 3 & 4: these are important resources gathered from recent lessons learned. When you make purchases you should be aware that all Hurricane items are now **tax free year round**. We are also fortunate to enjoy the adventures of Pat Molt, and her sisters, as they explored China and we have Stephanie Hedrick's reflections on being a first time summer resident. You'll also find a preview of the 2026 Season advertisers. It's a large, informative issue – take your time and enjoy your favorite beverage as you leisurely peruse the articles.

There's a new ride in town

Barbara Coulter

Do you know that Sarasota County offers **OnDemand**

Breeze options? If you are older than 65 *and* do not own a car it's \$1.50 per trip. You will be required to fill out some paperwork to **document/qualify** for this reduced fare service; but, it's a way to continue independent living on your terms. You can schedule your ride up to seven days in advance.

We live in one of the OnDemand zones - Venice and the Englewood area - they do mandate that pickup/dropoff locations be within the same zone. OnDemand Breeze can be used for groceries and/or doctor appointments in our zone. This information was shared with your **Topics** team by Sarasota County Deputy Sherriff Cathy Duff.

WE WANT YOUR INPUT!

Do you have a feature story, article, or photo you'd like to submit? Our deadline is the **15**th of **September** [earlier would be better this month-I'm on a family vacation the 13th - 20th]. Email your submissions to Barbara at

beejcoulter@gmail.com: in subject line type: October TOPICS.

TW TOPICS TEAM

Editor: Barbara Coulter
Finances/Budget: Sheila Ashline
Advertising Mgr: Cathie Shaw
Graphics Mgr: Steph Hedrick
Feature Writers: Ted Coulter,
LeeAnn Magner & Don Steele
Photographer: Kathy Vescova
Proofreaders: Bonnie & Gregg Busch
Printer: Hartmans' Print Center

AUGUST/SEPTEMBER - WHAT'S INSIDE

- TWBOD President's Message
- Hurricane Prep 2025
- Resident News, Interests & Activities
- TW: New Residents, Local Things & Creative Moments
- Travels with Pat China Summer 2025 0
- Veteran Stories Ted Coulter
- · Sea Turtle Info & Mood Boosters





PRESIDENT'S UPDATE



Liz's Lines

Liz Summers, TWBOD President

Goodbye Summer in Tangerine Woods-it's been fun!

Summer has arrived and will be leaving soon!!! As I write this update our Pool time is very important for those of us left in Paradise! What a treat it is to drive out of TW and turn on 776 and NOT SEE ONE CAR EITHER WAY! The beach has been calling and the cool breezes there are certainly appreciated; and Manasota Key and Englewood Beach now have all of the parking area open! Some of us have been trying the local restaurants that are more crowded in season: many of the local restaurants are having Summer specials that are saving money. The added bonus of parking at the local restaurants and walking in the door to be seated RIGHT AWAY! If you'll be back in TW in September there will be an Englewood Restaurant week[see more info on that in "Things to Do" later in this issue]. We do enjoy Summer life in TW! We are still enjoying our clubhouse: guided art and ceramics opportunities are offered on Tuesdays and Thursdays; exercise classes continue and so are our pool exercise sessions; Bingo continues with enough people that the cover all is averaging \$40; and Saturday Coffee, with homemade pastries on the long table and coffee supplied by Lazy Daze, while our own Diane is making us chuckle. Life is good!

Enough about the fun in our Florida Sun, let me get down to business. The manager's Golf Cart was taken from under the roof in front of the Clubhouse. A police report was filed but we were told not to expect a return of the cart. Angie now has an older (very reliable) Lazy Daze cart chained to the bench for office personnel use. The front of the clubhouse is under surveillance. As soon as Xfinity is finished we will have more cameras there and in the RV lot. Speaking of Xfinity, the team from Xfinity is working day into evening, including weekends, to complete the Fiber Optic project. They meet with Angie bi-weekly for updates and seem to be on target. Nothing else seems amiss but we are continuing to monitor our community common areas. We lockup the clubhouse at 8:00 p.m. and unlock it Monday thru Friday when Angie and Judy arrive. On weekends the clubhouse is available, as always with the locking and unlocking weekend responsibilities handled by our volunteers. The summer rain has been consistent. The grass is green and growing rapidly. Many smaller projects are being completed around the community. The interior of the clubhouse work was started by Steve Hennessy's group the last week of July. The common area trees have been trimmed. Many homes that were damaged by hurricanes, that were waiting for contractors, are finishing those repairs this summer. As a reminder, our next TW Board of Directors Meeting will be Thursday, August 21 at 9 a.m.

Tangerine Woods is entering our 42nd year and we continue to receive many compliments. We're happy to see the For Sale signs slowly coming down and new residents are arriving or planning on arrival by the Fall. For those of you in the north, enjoy your time with family and friends. We will be here in TW savoring the quiet and less hectic days of summer and we look forward to having you return!

HURRICANE PREP & INFO

Hurricane Preparedness

TW IS A MANDATORY EVACUATION ZONE



- your yard, screen room, and carport.
- Secure your trash bins inside your shed or inside.
- Check your trees-do you have any branches [especially dead branches] that need to come down before a storm hits?

Remember, TW is protected by the ancestors - be thankful for our paradise.



Hurricane Evacuation - BE PREPARED

- WATER
- MEDICATIONS
- Insurance Policies (HEALTH, AUTO, HOME)
- FLASHLIGHTS W/ BATTERIES
- Solar powered lights
- FILL YOUR GAS TANK (CAR) CASH!
- **CELL PHONE W/ CHARGING** CABLES & BATTERY BACKUP
- CLOTHES, SHOES, TOWELS
- FIRST AID KIT

PREPARE before a storm - Be Informed

There are numerous resources available - Download PDFs before a storm hits because you won't be able to access electronic resources after the power goes out! The 2025 **Venice Hurricane Guide** is Available Digitally

Florida - Plan & Prepare Before & After A Storm

After A Storm

Homeowners and Renters - these are important, useful resources to have on hand!

Tarps and fasteners

Plywood

Tools

(*hammer, saw [aluminum & wood], drill, charged batteries, drill bits, tinsnips, & screws) *these are just a starting point what tools do you have on hand that a neighbor might need and/or borrow?

Safety glasses & work gloves

Magnets

Batteries for flashlights

Solar powered lights (use inside after dark)

Air Compressor

Generator

Contractor Trash Bags

Brown bags for yard waste

Gorilla Tape

Latex Gloves

Water - several gallons

CONTACT PHONE & POLICY NUMBERS

Insurance: Auto & Home

Sarasota County Government -

Preparation

Recovery

SCGov.Net = Hurricane Information

Disaster Contacts

Create a List of Contractors

Roofers

Interior

Carports & Aluminum Work

Siding

Plumbers

Electricians

Exterminators

REMINDER - TW neighbors look out for neighbors! If you know a great contractor - share their company's name! Contact a neighbor if they have damage. However, if you have someone who is a "home checker" while you are up North, remember they are NOT maintenance people or contractors. You must make arrangements to return to TW and complete any necessary repairs.



HURRICANE PREP & INFO

Do you know the difference between a Watch and Warning? I always have to stop and try to figure out the meaning for any weather alert. Do you know the different types of storms we are likely to experience in Florida? This chart provides important distinctions that may help us differentiate and focus our reactions to a weather alert and and identify when we should prepare to evacuate.

Hurricane season in Southwest Florida is June 1 - Nov. 30.

Know the difference between Watches and Warning!

watches and warnings: To ensure preparedness before winds escalate to tropical storm force, the National Hurricane Center releases watches and warnings for specific at-risk areas. Local National Weather Service offices may also issue additional watches and warnings to give precise details on potential threats such as floods, flash floods, and tornadoes.

STORM SURGE: An abnormal rise in seawater level during a storm.

TROPICAL DEPRESSION: An organized weather system with a closed circulation that forms over tropical waters with maximum sustained winds of 38 mph or less.

TROPICAL STORM: An organized system of strong thunderstorms with defined circulation and maximum sustained winds of 39–73 mph.

HURRICANE: An organized system of strong thunderstorms that blow in a large spiral around a calm center known as the "eye." The winds reach a constant speed of 74 mph or higher.

EXTREME WIND WARNING: Extreme sustained winds of a major hurricane (115 mph or greater), usually associated with the eyewall, are expected to begin within an hour.

WATCHES

Issued 48 hours in advance of anticipated onset.

Storm surge danger is **possible**.

Tropical depression conditions are possible.

Tropical storm conditions are **possible**.

Hurricane conditions are possible.

WARNINGS

Issued 36 hours in advance of anticipated onset.

Storm surge danger is expected.

Tropical depression conditions are **expected**.

Tropical storm conditions are **expected**.

Hurricane conditions are **expected**.

Extreme sustained winds are **expected**. Take immediate shelter in the interior portion of a well-built structure.

Do you have a lawn company issue?

Report your concerns to Angie, in the TW Office, and use the online portal.

Commenting on Facebook doesn't fix the issue.

TANGERINE WOODS INTEREST



Please contact Jan or Char for tickets and questions. They are looking for a headcount for the Ice Cream truck.



*Ice Cream purchases are not included in the per person fee.

The ice cream truck also has dairy free sorbet!







Residents are responsible for the upkeep of garden beds and trimming year round.



Audre Sautter

Here's a "heads-up" to get your book early for our first meeting of the 2025 - 2026 season: we'll begin on Thursday, the 20th of November. We'll discuss Becoming **Madam Secretary** by Stephanie Drey. It's the richly colorful story of Francis Perkins and the

difference her influence made in our lives today. It's

definitely a rewarding read!

WELCOME BACK DANCE

Carole Tarney

The Welcome Back Dance will be held on **Saturday**, **the 15th of November**, from 6:30 to 9:30 pm, at the Clubhouse. DJ Lee Hale will provide the music so get ready to boogie! Tickets will be sold at Saturday morning coffee on November 1st and 8th. Ticket prices are \$10.00 per person. Any questions can be directed to co-chairs Carole Tarney (315) 720- 3805 and Sandy Glaza (616) 915-9867.



SARASOTA COUNTY WILL HAVE ONE MORE VOLUNTARY SELF-SERVICE SANDBAG STATION DURING HURRICANE SEASON. THIS WILL BE HELD AUG 10TH FROM 9AM-5PM

TW's closest location is: South County Fleet 4571 SR 776/Englewood Road, Venice.

Waste Management Recycling Guide

Please click link and take a few minutes to review the recyling guidelines.



TANGERINE WOODS INTEREST



Summer Coffee is BYO! We meet in the clubhouse at 8:30 a.m., every Saturday through September. Come visit with neighbors, hear some of Diane's jokes, and maybe win some \$\$\$!

Regular coffee resumes on the **4th of October** for the 2026 Season. We'll need teams to host coffee and greet residents throughout the upcoming season: please start thinking about a weekend, or two, and put a team/theme together for the 2026 season.



A Warm TW Welcome to our New Residents!

John & Linda Rowell - 739 Tangerine Woods Blvd
Purchased from Kathy Smith
Chad Ogren & Lori Redlin - 812 Seabrooke Drive
Purchased from Ann Pfau

Eleanor (Ellie) Jokinen – 878 Fawn Spring Court Purchased from Doug Garfield

Steve Russell & Nancy De Leon - 857 Seabrooke Drive Purchased from Diane and Tony Leitao

Allen & Robin Stewart -717 Tangerine Woods Blvd
Purchased from Don Giles



Our TW Art Program runs all summer - Tuesdays (9:30 a.m.) for various art projects and Thursdays (10 a.m.) for Ceramics. Contact Kimberley Choma or Steph Hedrick with questions; or, you can just show up!



If a loved one, a current or former TW resident, passes away, please notify

Marcia Kiestlinger

603-505-6422.

TWERC will place a rose in the lobby in their memory.



If this is regarding a current resident, please notify the TW Office (941) 474-0167

TW'S FOOD PANTRY

TW has been contributing to a Food Pantry since 1992. The first pantry was started by Janet Granger and an article appeared in Topics that year. Today, TW residents are still encouraged to donate non-expired, non-perishable food items: you can find the basket awaiting donations in the clubhouse entryway. Our contributions continue to aid families in our community thanks to the efforts of Marcy and Steve Juracka - please contact them if you have questions. You can find "needed item requests" on the TW Facebook page. Marcy posts there when a specific need is identified by St. David's Jubilee who also posts on their FB page.



TW also has three approved charities to which donations are made throughout the year: The American Cancer Society, St. Jude Childrens Hospital, and the Sarasota County Sheriff's Department - Adopt a Family Christmas Project.

TANGERINE WOODS INTEREST

My First Summer in Florida

Steph Hedrick

They say it's too hot during the summer in Florida. They warn about hurricanes, alligators, and mosquitoes so enormous they could carry off my cat. However, the off-season reveals some hidden gems. Plumeria blooms only in summer; the rest of the year, they resemble barren sticks. Fresh fruit drops from trees, and it's fascinating to witness how quickly things grow year-round, unlike the seasonal dormancy seen up north. Yes, there are weeds too, they grow like beanstalks! You will find me literally 'in the weeds,' every morning and evening, never in the mid-day sun. Yea, sounds awful, but to me, it's therapeutic; we gardeners lovingly refer to it as 'dirt therapy.' I haven't encountered many of those giant mosquitoes yet, but the ones I've seen are big, black, and almost hairy-looking—

[Selection of the provided have been been bloom of the provided have been always and the provided have been determined have been determi

When it rains, we experience tropical downpours, and we're grateful for every cloud that shields the sun. The pool is delightful at any hour, and lately, a large heron has taken to standing at the edge, gazing into the water. Maybe he's admiring his reflection or waiting for a fish; who knows? Wildlife is abundant, with baby rabbits and anoles of all sizes everywhere, and let's not even mention those pesky pigs and their nocturnal digging habits.

For me, summer in Florida feels much like our small northern Wyoming town, which gets flooded with tourists during the summer months. In the fall, locals breathe a sigh of relief when the RVs and tour buses leave. Here, the summer pace is sweeter, and as someone who adores humidity, I can't complain. Stepping indoors into air conditioning feels heavenly, and ice water has never tasted so refreshing.

There's always a friendly face in an orange apron at Home Depot, ready to assist, and—drumroll please—Englewood Beach parking is finally open, with plenty of spaces available!

Don't tell anyone, but I give summer in Florida a double thumbs up!

Local Things to Do

<u> Pioneer Day Parade & Festivities:</u> September 1

Let's Eat Englewood - Restaurant Week: September 11 - 25, 2025

Thrifting

<u>Lemon Bay Playhouse</u> presents *A Bad Year for Tomatoes* September 3 - 21. Tickets go on sale on the 1st of August. \$27 per individual show or they have season tickets and flex-pass (four shows). Located at 96 West Dearborn Street Englewood or call 941.475.6756 for more information.

Sarasota County Parks <u>events and activities</u>

There are oodles of fun activities and opportunities. One of those activities is **Drop in Pickleball** at **Englewood Sports Complex** through Dec. 31, 2025 (Varied Dates/Times) / Ages: 18 and up / Fee: \$3 / +1 (941) 861–1980 / Register/More Info-Open play, all skill levels: Mondays and Fridays,12:30 p.m. to 2:30 p.m.; Tuesdays, 10:00 a.m. to 12:00 p.m., 12:30 p.m. to 2:30 p.m.; Thursdays, 10:00 a.m. to 12:00 p.m., 12:30 p.m. to 2:30 p.m. All sessions are first-come, first served. \$3 drop in fee or punch passes available. For more details, visit SarasotaCountyParks.com or call 941–861–1980. Englewood Sports Complex is located at 1300 S. River Road, Englewood

Consider hiking/biking the **Alligator Creek Trail** through Nov. 30, 2025 (Varied Dates/Times) / Ages: All / Fee: Free / +1 (941) 486-2780. Enjoy Woodmere Park's hidden gem, 1.6 miles of pedestrian/ bicycle-friendly trail along the Alligator Creek. This serene, nature lover's paradise has abundant wildlife, including hawks, herons, alligators, otters and marine life. Woodmere Park is located at 3951 Woodmere Park Blvd., Venice.

TANGERINE WOODS TRAVELER

Exploring China

Pat Molt

A lot of folks in Tangerine Woods have traveled more than I have—some have been to more countries, others take trips more often. But I think we'd all agree on this: travel really opens your eyes.

This summer, I went to China with my three sisters, and it was unlike any trip I've taken before. I've been to places like Japan and Africa, but China was the first time I truly felt the language barrier. Even though English is taught in schools there, it's not widely spoken in everyday conversations. Thankfully, translation apps were a game-changer. They helped us get by just fine, whether we were reading signs or trying to ask for directions.

During our three weeks in China, we barely saw any other Westerners, so we stood out a bit. But instead of feeling out of place, we actually felt like minor celebrities! People—especially kids—would quietly approach and just wait for us to notice them. As soon as we said a friendly "ni hao" (hello), their faces would light up. Some even asked for photos with us. We started having fun with it, photobombing tourists and jumping into group shots when invited. Who knows—maybe we're now in dozens of family photo albums across China!

We spent most of our time in the cities-Shanghai, Xi'an, and Beijing—and only saw the countryside through the windows of high-speed bullet trains. I didn't really know what to expect, but I was honestly surprised by how clean and green the cities were. Beautiful gardens, flowers, and potted plants lined even the highways. And beyond all the beauty, one thing that really stood out was how safe the cities felt—whether we were out during the day or walking around at night. There's a strong sense of order and attentiveness throughout the city, which gave us a lot of peace of mind as travelers. Also, the people we met were incredibly friendly! Many of them told us how much they love America and were genuinely happy to see us visiting China. It made us feel so welcome and added to the overall warmth of the experience.

I probably should've brought this up earlier, because it definitely took some getting used to—public restrooms in China. Every now and then we'd find a "western-style" toilet, but for the most part, it was all squat toilets. If you're not familiar, a squat toilet is basically a



porcelain bowl set into the floor that you squat over.
Yep, it's exactly what it sounds like. One thing we learned (kind of by accident) is that in a lot of cities, some apartments don't have private bathrooms.
Instead, residents use shared public restrooms nearby. We actually wandered into one of those one day. After a pretty

hilarious game of charades with a local policeman to ask where the restroom was, we found ourselves walking down an alley and into a plain-looking building. Inside? Just one big room with squat toilets lined up...and no stalls. And yep—someone was already using one. Without missing a beat, the four of us did what we had to do, exchanged a polite nod with the woman squatting nearby (who, by the way, was casually chatting on her cell phone), and went on our way. Definitely one of those travel moments we'll never forget!

You can't go to China and *not* see the Great Wall—it was definitely at the top of our list. But before we made it there, we spent time exploring Shanghai and Xi'an.

First stop: Shanghai. It's sleek, modern, and buzzing with energy. We packed a lot into our days there—visited the Shanghai Tower (the third tallest building in the world!), went on a walking food tour, browsed museums and gardens, shopped along the famous Nanjing Road, and even saw a performance of the Broadway musical Six. The skyline is absolutely stunning, especially at night



when crowds gather by the river to watch it light up.

Shanghai is also incredibly high-tech. It's basically a

continued - next page

cashless society—everyone pays with their phones, even at tiny street stalls. And China's own electric car company, BYD ("Build Your Dreams"), is everywhere. It's overtaken Tesla in both innovation and price, and we could see why just from what was on the roads.

After Shanghai, we flew about three hours to Xi'an—one of the oldest cities in China. It was here in 221 BC where the first Emperor Qin Shi Huang founded the first Dynasty and unified China into a single country. It is also home to his tomb and the amazing Terra Cotta Warriors



that surround it. (If you haven't seen the Netflix documentary on the Terra Cotta Warriors, you should! It's called **Mysteries of the Terra Cotta Warriors** and it was released in 2024.)

The city's history is everywhere. I left with such a deeper appreciation for the Chinese dynasties and how much they shaped the culture. One of the most fun things we did there? We went to a place where they a dress you up in full Tang

Dynasty

robes,

dress you up in full Tang fashion—hair, makeup, the whole thing.





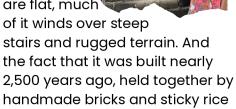
At first it felt kind of silly, but we ended up loving it! Tons of people in Xi'an were doing the same, posing in traditional outfits all around the city. We totally blended in. Honestly, Xi'an ended up being my favorite city—so much history and we made unforgettable memories there.

From Xi'an, we hopped on a high-speed bullet train to Beijing—finally, time to see the Great Wall! Right away, Beijing had a different vibe. It felt a bit grittier and more industrial, which makes sense since it's the capital. But it still had charm—plenty of parks and flowers gave it a softer, more colorful feel.

Getting to the Great Wall took longer than I expected. First, we drove two hours with a hired driver, then took a shuttle bus, hiked up a steep hill, and rode a chairlift before reaching one of

the access points. But wow—was it ever worth it! Standing on the Great Wall was surreal. It stretches over 10,000 miles—about three

times the width of the U.S.! While some parts are flat, much





TANGERINE WOODS TRAVELER



paste is just mind-blowing! I took a million photos, but none of them really capture the scale or the feeling of being there.

Oh! I almost forgot to mention the food—which was absolutely amazing! Every meal was not only delicious but also super affordable. Dinner for the four of us, drinks included, usually came to about \$15-20 total—not per person! We tried all kinds of things: eel, squid, Peking Duck (so good!), an entire fried chicken (my sister ate the head), bean paste candy ... and even something called "enema" (which, surprise—was actually delicious!). Food adventures definitely added a whole other layer of excitement to the trip!





Beijing had so much more to offer too. We spent our days exploring iconic sites like Tiananmen Square, the Forbidden City, several ancient temples, and the Beijing Zoo-where we finally got to see the famous Giant Pandas. They were much bigger than I imagined-taller than me! It was such a treat to see them up close. As much as we were still soaking it all in, our time in China was starting to wind down. We took one last high-speed bullet train from Beijing back to Shanghai, planning to take it easy and rest up before our flight home. But of course, that didn't happen—we couldn't resist heading out for one last night on the town.



Fun fact: The Chinese word for America is "Měiguó," which literally translates to "the beautiful country." And honestly, so many of the people we met reflected that sentiment—they were warm, welcoming, and often expressed genuine affection for America and Americans. It was such a heartwarming part of the experience.

I loved everything about this trip. China surprised me in the best ways and I can't wait to go back.



TANGERINE WOODS LOVES TURTLES



Sarasota County Government 📀

2m · 🚱



As we are halfway through Sea Turtle Season, it's important to remember some simple ways we can help the hundreds of thousands of hatchlings emerging throughout the county in the coming weeks:

- Leave the beach better than you found it by cleaning up any trash you see, making sure you gather and take all of your belongings, and filling in any holes you see (hatchlings can get stuck and are too small to crawl out!)
- If you're on the beach at night, please refrain from using any type of flashlight.
- If you own or you're staying at a property with any kind of ocean view, make sure that the bulbs on the outside are red or orange LEDs with shields, and that decorative lighting is turned off. Inside, please keep your curtains closed and your windows turtle tinted.
- If you see a Sea Turtle Hatchling, or an emerging nest, please keep your distance and DO NOT HANDLE the turtles.

If you have any questions or concerns about Sea Turtle Nesting Season, please reach out to seaturtle@scgov.net.

#SRQCountyPDS

The Mote Aquarium staff have comparative **annual data**, **nesting information**, and **conservation** tips. We appreciate the staff at the **Venice City ENews** granting us permission to use their Turtle information/articles!







Did you know Mote Marine Laboratory also provides a **daily beach conditions** report? You can select several beaches and receive a daily email through this free service.

TIDBITS & MOOD BOOSTERS

The Venice Farmers Market has adopted a newly adjusted layout designed to enhance pedestrian safety and vendor accessibility, while still offering the same beloved Saturday morning experience. As of June 21, the market has shifted from the 400 block of the eastbound and westbound lanes of West Venice Ave. (adjacent to City Hall), to the parking lot located behind City Hall, including the west side of the building, and the portion of northbound Avenue des Parques between Granada and W. Venice avenues.

This change is the result of a collaborative effort between the City of Venice, the Venice Police Department, and Venice Farmers Market management to improve public safety by gradually transitioning special events off major thoroughfares.

Citizens will notice new traffic changes in the area of Granada Ave., Ave des Parques, and the west City Hall parking lot for pedestrian safety and access.

In March 23andMe announced the financial difficulties of their company. Since then the State of Florida's Attorney General has been following the company and has issued a Consumer's Alert regarding the bankruptcy proceedings and how consumers can permanently delete data on their website. You can find the directions and precautionary announcement here. Thanks to Sarasota County Deputy Sheriff Cathy Duff for providing this information designed to inform, prevent fraud, and protect consumers.



SUMMER FUN

SUNGLASSES LEMONADE SWEATING AUGUST BOAT HOT POOL JULY ICE CREAM BIKINI SUNBURN JUNE TENT FISHING BEACH FAN FUN SUN SANDCASTLE SWIMMING SUMMER SHORTS UMBRELLA CAMPING



Z Ε G В Q R D А L D M Α Z K В F Z G N U C Α P N G U Ε S M R Ε Z S Υ U U S G Q В F W S R Х Α В U Z С Ε C М Α U ı R Ε U D Κ C G ı Α M U S Α S O Н В Р U O J Н J Q т н Q ı М ı F R S Т Т Ε Т Ε Z S Ν J М М Κ M Α Α Ε Υ Z F Ε Κ Ν Z Q Α J U L N D М н M Ν U В Κ Р В Κ R D Ε N Ν L Υ O L Q Υ ı Ν S В L I S Н ı Ν G Ν С Т D Ε Ν С В В D Н Α С Ν J L L J Α М 0 т G Α D D J O J Ν Ε M Υ P D L D C S Ν R S G S C Ε R R P ı Α Ε Υ S W Ε Α Т I Ν G C В O В Т Ρ О U Q S С R Р D L Υ Z Q O C Ν O S 0 Н Ν В ı Κ ı Ν ı Ε Ε J Α S S S S R O D В G U Ν G Ε Х Т D т

31 Days of Filling with Blanks With Positive Thoughts & August

•	VICII					00	ugus	·
	S	M	T	W	T	F	S	,
L A S T D A Y	31 The best thing that happened this month was	O & 77	;		B	l'm grateful for my ability to	2 Something I admire about myself is	
	The happiest moment this year was when	This week, I'm thankful for	A recent compli- ment I remember is	I trust myself to	7 A positive habit I'm working on is	Something that motivates me is	Something I'm becoming better at is	
	I feel confident when	I bring value to the world by	l feel relaxed	13 Something I've improved on recently is		Something unique about myself is	The happiest memory I revisit often is	
	A goal I'm working on is	Someone who's always supported me is	Something I'm excited about is		21 A skill I'm proud to have gained	22 Something I did for myself recently was	I find joy in	
	24 Something I'm learning to appreciate is	hment I'm	I feel inspired by	I'm proud of the way I	I'm glad I chose to	Something that motivates me is	I feel smart when	

Digital Organization Checklist for the Month

Ordinary & Happy

				· · · · · · · · · · · · · · · · · · ·	
GENERAL	Organize your cloud storage. Run a security scan on your devices. Update software on devices. Set up 2-factor authentication for accounts. Review privacy settings on your accounts. Get a password manager. Update your passwords as needed.		P H O N E	Review your contacts list. Delete any apps you no longer need. Organize the notes in the notes app. Delete photos and videos you don't want. Update your software and apps. Review app permissions. Back up all photos, videos, & other files. Clear cookies.	
D E S K T O P	Empty the trash folder. Clear browser cache and cookies. Update all your software. Organize photos into albums and folders. Clear your desktop of unnecessary files. Review your bookmarks. Delete any files you don't need. Organize all your files into relevant folders.		E M A I L	Unsubscribe from email subscriptions. Organize emails in relevant folders. Set up email filters for incoming emails. Set up an email signature. Delete emails you no longer need.	
	Organize all your files into relevant folders. Clear your downloads of unnecessary files.	i			١

Simple Things that Can Bring You Joy

ш

н

н

Singing to your favorite music.

Appreciating seasonal changes.

Relaxing in a secluded spot.

Window shopping.

Sitting in a park and observing nature.
Warm embraces with loved ones.
Listening to the sound of birds.
Finding money you forgot about.
Snuggling under a blanket.
Creating something with your hands.
Seeing a rainbow.
Trying a new recipe.
Having a picnic.

Trying a new dish at a restaurant.
Making an unexpected connection.
Connecting with nature.
Wearing your favorite outfit.
A fun evening with friends.
Watching a live performance.
Telling stories.
Embracing moments of inner peace.

Having time to do nothing.

Lighting a scented candle.

Taking a deep breath of fresh air.

Making a gratitude list.

The quiet of night.

Walking in nature.
Planting flowers.
Watching the sunset.
Reading a good book.
Quality time with friends.
Spending time with your pet.
Morning tea or coffee routines.
Cooking your favorite meal.
Having a bubble bath.

Taking photos of special moments.
Exploring a new place.
Finding a new favorite song.
A scenic drive.
Meditating in a quiet place.
Building something step-by-step.
Listening to the rain.
Learning something new.

Watching your favorite movie
Time to reflect on your progress.
Having a heartfelt conversation.
Have a family game night.
Giving someone a compliment.
Supporting a loved one.
Dancing.
Observing the night sky.

New Things this August

Back up your files.

, * N	lew	Thin	gs t	his A	uqus	it 🔹
		T	W	T		S
O & 74 Ordinary & 74477	28	29	30	31	1 Cook an easy recipe you've not tried before.	2 Watch a tutorial on a topic you don't know much about.
Try a new hobby.	4 Try a fruit you've not tried before.	Try a new flavor of coffee or tea.	6 Draw with your non- dominant hand.	7 Listen to music from a genre you don't normally listen to.	8 Try a new restaurant for lunch or dinner.	9 Try cooking with a spice you haven't tried before.
Read the news from a source you normally don't use.	11 Watch a TED talk on an interesting topic.	Try a new workout class.	Watch an episode of a new TV show.	Listen to a new podcast.	15 Try a different cuisine (either at home or at a restau- rant).	16 Rearrange furniture/ things in your bedroom.
Try on a new outfit at the store.	Try a snack you've not had before.	19 Try a new hairstyle.	Learn to say 'hello' in another language.	route to work or on	Try a new smoothie or juice recipe.	23 Cross one thing off your bucket list 30 Try a vegetable
24 Visit a nearby park or lake you haven't been to before.	25 Watch a new movie release.	26 Try a new craft/DIY project.	Write a simple four-line poem.	28 Attend a local festival or fair you haven't been to before.	Take an online class on a topic you know little about.	you haven't had before. 31 Write o