## JULY AND AUGUST 2025 Calendar

## **Summer Exercises**

Pickleball	SU- M-W-F	8:00 am
Tennis	T-TH-SAT	8:00 am
Tone and Firm	T-W-TH-F	8:15 am
Chair Yoga	M-W-F	9:00 am
Chair Aerobics	T and Th	9:00 am
Water Aerobics	M-T-W-TH-F	10:00 am

## **Summer Activities**

Art Class	TU	10:00 am
Ceramics	TH	10:00 am
Mahjong	M &W	12:30 pm
Texas Hold UM	TUES	6:00 pm
Hand and Foot	TH	6:30 pm
Bingo	Wed.	6:30 pm

If any changes, please call: Denise Chard 269-873-5125